 LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

**M.A.** DEGREE EXAMINATION - **SOCIAL WORK**

FOURTH SEMESTER – APRIL 2011

# SW 4803 - COUNSELLING

Date : 5/4/2011 Dept. No. Max. : 100 Marks

Time : 9:00 - 12:00

**Section- A**

1. Answer **all** Questions in not more than **50** words each 2 x 10 = 20
2. Define Counseling.
3. List any Four qualities of an effective Counselor.
4. What is Free Association?
5. Write the four major lifestyle positions cited in TA.
6. Expand: SOLER, SMART
7. What is Social Drinking?
8. What is Token Economy?
9. Mention the different influences on the development of counseling.
10. Write any Four Ethical standards to be maintained in counseling.
11. Who are non-voluntary clients? Give examples.

**Section- B**

1. Answer any **four** in not more than **300** words each 4 x 10 = 40
2. Write a short note on the various Types of counseling.
3. Discuss the three Ego states according to TA theory.
4. Briefly explain the various techniques applied in the counseling process.
5. “Career counseling is a personalized process”- Justify.
6. Explain the four main ingredients in a counseling relationship.

**Section- C**

1. Answer any **two** in not more than **600** words each 2 x 20 = 40
2. With relevant examples describe the applicability of Rational Emotive Therapy.
3. Discuss the steps in counseling and enumerate the skills involved during the process.
4. Discuss the characteristics of counseling as a profession and bring out its relevance for Social Work Practice.

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